

About the Editors

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Dr. D. Prasanna Balaji is a highly accomplished professional in the field of Physical Education and Sports Sciences. He is an Ambassador for the International Organisation of Health, Sports, and Kinesiology (IOHKS), USA. He has earned a Ph.D. in Physical Education and is a member of several prestigious professional bodies. As the Vice Principal, Director, and Head of the PG & Research Department of Physical Education and Sports Sciences at National College (Autonomous) in Tiruchirappalli, Tamil Nadu, India, Dr. Prasanna Balaji has significant contributions to the field. He has received numerous awards and accolades, including the Outstanding Award for Excellence by the International Federation of Physical Education, Fitness, and Sports Science (IFPEFSS), and is a respected figure in promoting fitness and well-being.

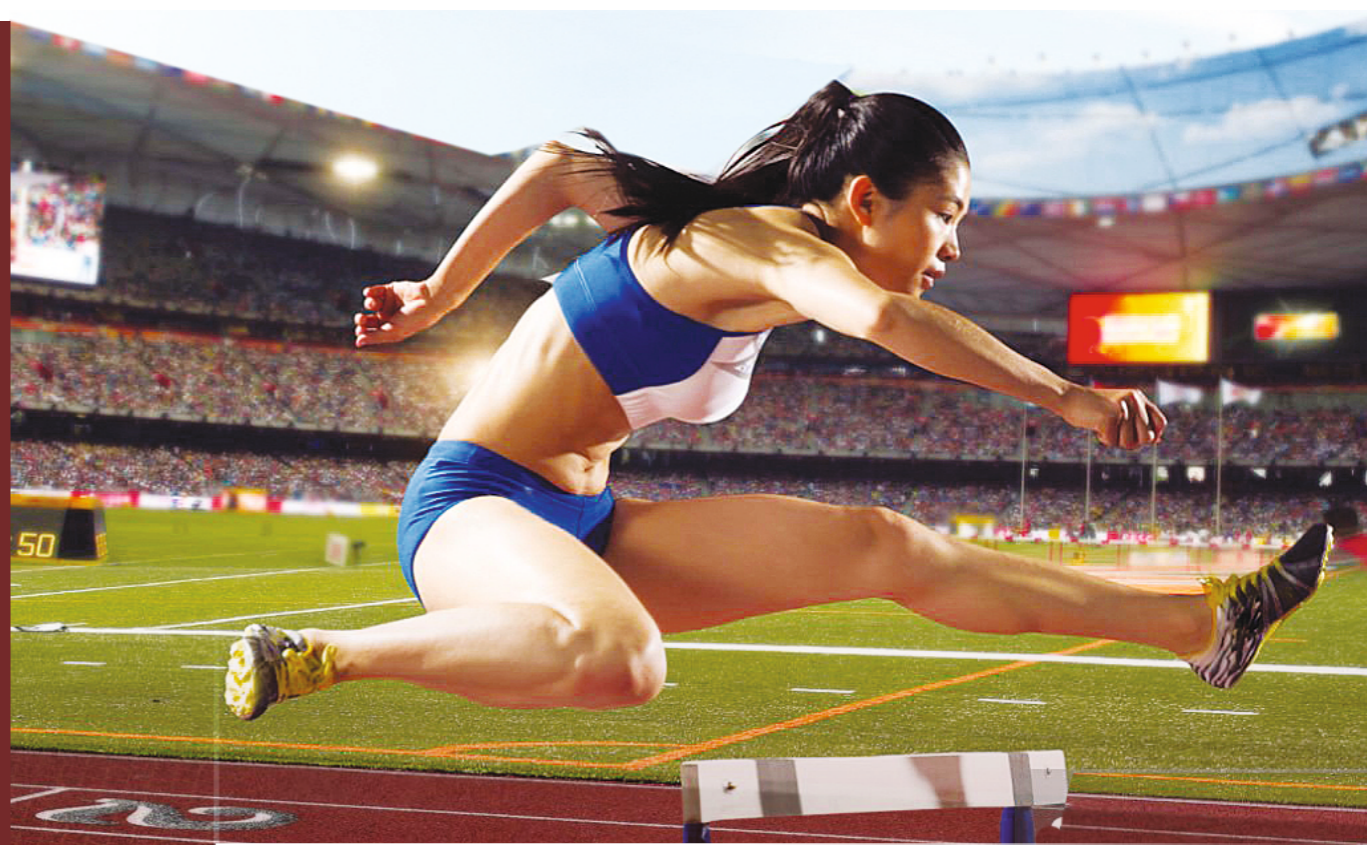


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Dr.J.Karthikeyan is a passionate teacher, trainer and a researcher associated with National College (Autonomous), Tiruchirappalli, Tamil Nadu, India. His research interest spread across the areas of Technology assisted language teaching and learning with emphasize on AI, NLP, MALL, LMS, Apps, e-content development and cloud labs. His research collaboration and publication are in the areas of ELT, Anxiety, Socio and Cultural impact on education and Technology in classrooms. He completed several International projects, Consultancies, Corporate Trainings and Platform skills trainings for renowned organizations in India and abroad.

MULTIDISCIPLINARY APPROACH TO HEALTH FITNESS AND SPORTS



Dr. D. Prasanna Balaji
Dr. J. Karthikeyan

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RECONNOITRING RESEARCH IN SPORTS SCIENCES



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Dr. Liandi Van Den Berg

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Dr. Liandi van den Berg is a full professor in the Faculty of Economic and Management Sciences at the North-West University. Her expertise includes Sport Business Management, Managing High Performance Team Environments and Talent Development, Coaches Education, Information and Knowledge Management in teams, Technology integration in sports, and Scholarship of Teaching and Learning. She received the best lecturer award in the School of Economic Sciences, and in 2018 a Teaching Excellence Award, and an institutional nomination for the prestigious Distinguished Teaching Excellence Award.



Dr. Hanno Felder

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Professor Dr. Hanno Felder is currently the Head of Science, Diagnostics and Research at Olympic Training Center – Saarbruecken and University of applied Sciences – Saarbruecken Germany. His research areas include Biomechanics, Sports Medicine, Rehabilitation and Prevention, High-Performance Sports and Research and Development. He has published more than 20 articles in journals and books. He also has published 5 books. He is a member of the research team that carry out the Global Health Badminton Study. The study aims to report injures among elite junior badminton players and investigating the risk factors associate with the injures. He is a member of the International Journal of Racket Sport Science



EXPLORATORY META-RESEARCH STUDY IN SPORTS AND HEALTH

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